

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Tracy Vally**

Has successfully participated & completed the

5km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

**TIME** 00:54:05

**PACE** 10:48/km

**OVERALL** 37 of 53

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**GENDER** 18 of 33

**40 - 49** 3 of 6

20 October 2019, Sun

Date



Bout Time
Signature